



Cycle Tours in Around the Lake District: 20 Rides on Quiet Lanes (Paperback)

By Nick Cotton

Cordee, United Kingdom, 2011. Paperback. Condition: New. Language: English . Brand New Book. The Lake District boasts some of the most stunning mountain scenery in the country, providing a dramatic backdrop to many of the rides featured in this book. The practical spiral-bound guide describes 20 wonderful lane rides of 24-35 miles in South Lakeland and the Eden Valley. All of the rides are highlighted on Ordnance Survey Landranger 1:50,000 mapping, seen as the gold standard of mapping for cyclists. Junction-by-junction route instructions guide you through the region's beautiful countryside. Each ride contains details of distance, grade of difficulty and refreshments along the way (with phone numbers of pubs and cafes so that you can check on opening hours). A height profile gives you warning of the hills to expect and schematic maps show how the ride can either be shortened or linked to adjacent rides for a longer day out. The rides have been designed to use quieter roads and are divided into three main areas: the first is around Cockermouth and Keswick where three rides explore the breathtaking landscape either side of Bassenthwaite Lake. To the west lie Wythop Woods, Whinlatter Forest, Loweswater, Crummock Water and Buttermere;...



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