



Dharma Parenting: Understand Your Child's Brilliant Brain for Greater Happiness, Health, Success, and Fulfillment

By Dr. Frederick Travis, Robert Keith Wallace

Penguin Putnam Inc, United States, 2016. Paperback. Book Condition: New. 210 x 140 mm. Language: English . Brand New Book. Two renowned neuroscientists and pioneers in documenting the benefits of Transcendental Meditation give parents a guided tour of their children's brains through contemporary science and ancient Ayurvedic typology (parents can type their kids and themselves) for a wealth of methods and insights to maximize your child's learning and behavioral style. Dharma Parenting offers a uniquely individual approach to raising a happy and successful child. The word dharma means a way of living that upholds the path of evolution, maintains balance, and supports both prosperity and spiritual freedom. For the first time, we can understand why one child learns quickly and forgets quickly while another learns slowly and forgets slowly; why one child is hyperactive and another slow moving; or why one falls asleep quickly but wakes in the night while another takes hours to fall asleep. Leading brain researchers Robert Keith Wallace and Frederick Travis combine knowledge from modern science, ancient Ayurveda, and their personal experience to show how to unfold the full potential of a child's brain, as well as how to nurture his or her...



READ ONLINE
[1.97 MB]

Reviews

This book will never be straightforward to start on reading through but quite enjoyable to learn. Better than never, though I am quite late in starting reading this one. Your lifestyle span will probably be converted once you complete reading this publication.

-- **Dr. Kadin Hane DVM**

This publication may be worth purchasing. It was actually written quite flawlessly and valuable. I am just happy to tell you that this is actually the very best book I actually have studied inside my personal life and can be the best ebook for actually.

-- **Frank Nienow**

Other Books



[I Wish My Teacher Knew: How One Question Can Change Everything for Our Kids \(Hardback\)](#)

The Perseus Books Group, United States, 2016. Hardback. Book Condition: New. 210 x 140 mm. Language: English . Brand New Book. One day, third-grade teacher Kyle Schwartz asked her students to fill-in-the-blank in this sentence: I wish my teacher knew . The...



[A Hero's Song, Op. 111 / B. 199: Study Score](#)

Petrucci Library Press, United States, 2013. Paperback. Book Condition: New. 577 x 401 mm. Language: English . Brand New Book ***** Print on Demand *****.Composed between August 4 and October 25 of 1897, A Hero's Song was at first entitled A...



[Finally Free](#)

Createspace Independent Publishing Platform, United States, 2016. Paperback. Book Condition: New. 216 x 140 mm. Language: English . Brand New Book ***** Print on Demand *****.Its been four years since Malakais death, and Kinara couldnt be happier. She and Amir are married...



[Tales from Little Ness - Book One: Book 1](#)

Lulu.com, United Kingdom, 2015. Paperback. Book Condition: New. 210 x 148 mm. Language: English . Brand New Book ***** Print on Demand *****.Two of a series of short Bedtime Stories for 3 to 5 year olds, of a family of three hedgehogs,...



[In Nature's Realm, Op.91 / B.168: Study Score](#)

Petrucci Library Press, United States, 2015. Paperback. Book Condition: New. 244 x 170 mm. Language: English . Brand New Book ***** Print on Demand *****.Composed in 1891, V P irod (In Nature's Realm) is the first of Dvorak's three concert...



[Writing for the Web](#)

DIRECTORY OF SOCIAL CHANGE, United Kingdom, 2000. Paperback. Book Condition: New. 210 x 145 mm. Language: English . Brand New Book. Writing for the web is unlike other types of writing you may undertake at work. It requires a different thought process...