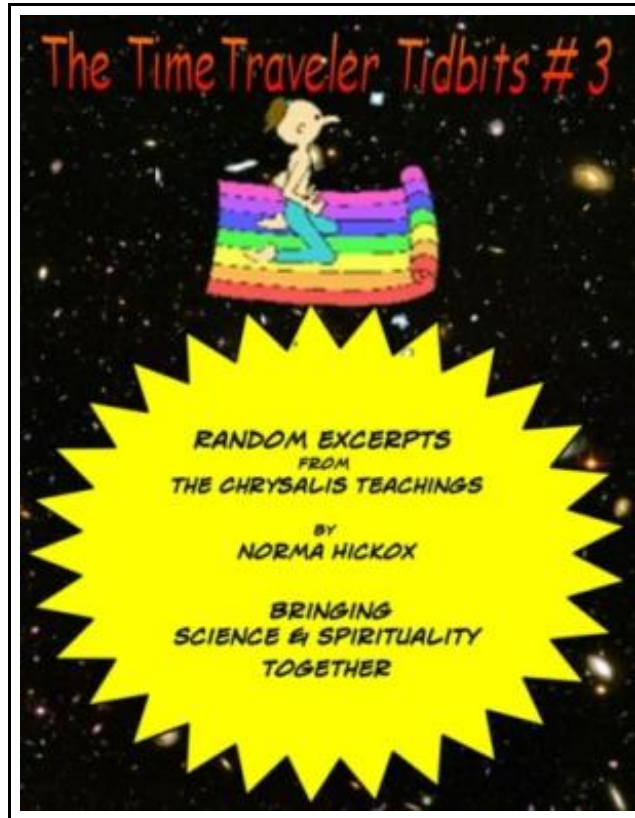


The Timetraveler Tidbits #3: The Chrysalis Teachings



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Reviews

It is great and fantastic. I actually have read and so i am certain that i am going to going to go through once again yet again in the future. I realized this ebook from my dad and i encouraged this book to find out.

(Dr. Kayden Gerlach)

THE TIMETRAVELER TIDBITS #3: THE CHRYSALIS TEACHINGS



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Createspace, United States, 2014. Paperback. Book Condition: New. 279 x 216 mm. Language: English . Brand New Book ***** Print on Demand *****.This third issue of The TimeTraveler Tidbits concerns itself with our use of energy, our diet, how to musically tune our food and how music raises the IQ of children. Energy - All the teachings coming through in this time period, including the Chrysalis Teachings, have this one ultimate goal in mind - to teach humanity the correct use of energy in all its many manifestations. All life and creation is based on energy and the teachings must be on its use and misuse in all areas of creation and life forms on any and all planets. Those of the higher planets simply have more experience and learning and experimentation in the uses of energy - therefore their attempts to help educate humanity from that realm in this area. Food - The mineral content of food is more important than the caloric or fat content. All food should be high in vitamins A and D, more so than B or C and a high level of potassium. There are mineral supplements on the market that contain a well-balanced distribution of the necessary minerals. They can be located in certain health food stores. This should be the only supplement you should need to have. Of course no red meat, and very little chicken, turkey or fish will be necessary to maintain good health, and certainly no dairy products. Tune Food - The Blood Test Machine will be technology in the future for finding the musical pitch of the blood or the keytone of the blood of humans and will open up the door to the correct way of eating for everyone. This same technology will allow not only each...



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